



The gastronomy dictionary defines *alfredo* as a rich Italian sauce made of cream, parmesan cheese and butter. The sauce naturally complements all types of pasta. Alfredo was created in the 1920s by Italian **Alfredo** di Lelio, who also named the sauce after himself.

Named after this tempting Italian dish, **Alfredo** began as a beautiful kosher restaurant nestled in the heart of a picturesque park in Petah Tikva, quickly became renowned.

Alfredo offers a perfect escape from the everyday routine. In the morning and afternoon, guests can enjoy fantastic lunches in special deals while during the rest of the day, the restaurant provides a culinary experience that emphasizes favorite Italian flavors, serving pasta, focaccia, lasagna, salads, fish dishes, etc.

The restaurant is Glatt kosher
(Chatam Sofer Petah Tikva)



Appetizers and Starters

Polenta 55 NIS
Fresh corncream mix mushrooms and parmesan

Beet carpaccio..... 52 NIS
Thin slices of beet, olive oil, fresh lemon, reduced Balsamic vinegar, green leaves,
and labane

Fromaggio - stuffed cigar..... 52 NIS
Cigar leaves stuffed with cheese, eggplant served with Tzataiki yogurt sauce

Eggplant carpaccio 56 NIS
baladi eggplant carpaccio garnished with cilantro and tahini

Tomato crostini..... 46 NIS
Tomato salad seasoned with fresh basil, garlic, oil and Parmesan cheese,
served on bruschetta

Sea Fish Ceviche - (ask the waiter)..... 72 NIS
Fish cubes with gentle squeeze of lemon cilantro pesto, bread crumbs, on a bed of labane

Mushrooms Trio..... 59 NIS
Mixture of mushrooms roasted in a brick oven, lemon juice on a bed of labane,
brown butter and olive oil

Arancini 56 NIS
Crispy fried risotto balls stuffed, with fresh herbs on a bed of tzatziki

 **Antipasti** 74 NIS
Sweet potato, zucchini, eggplant, peppers, garlic and tomatoes baked on a grill with
herbs, in Balsamic vinegar, topped with Feta cheese, olive oil and crispy focaccia


Haloumi Steak..... 66 NIS
150 grams of charred halloumi with a touch of mediterranean - style
cherry jam, leaf salad and bread crumbs with a touch of balsamic

Mushroom and parmesan risotto..... 64 NIS

Roasted Cauliflower..... 62 NIS
Cauliflower roasted in a brick oven seasoned with japanese breadcrumbs on a bed of ethiopian
tahini, labane, lemon juice and stone yogurt

Home Frirs..... 52 NIS
Crispy cubes of potato fried, butter chili sauce, caramelized onion roasted pepper

* The kitchen in Alfredo contains gluten


 Some vegan dishes are lined to download
ingredients from the dish



Soups


-  **Minestrone** 44 NIS
Rich vegetable soup, ripe tomatoes and white beans, green beans, olive oil and herbs. Served with pasta.
- Zuppa di Funghi (Mushroom Soup)** 48 NIS
Cream-based champignon mushroom soup, served with rustic bread
-  **French Onion Soup** 44 NIS
Rich thick onion soup served with croutons and Parmesan cheese
- Sweet Potato Soup** 44 NIS
Thick sweet potato soup with a touch of cream

Breads

 ***Breads are served with butter and house spreads**

- Garlic Bread**..... 32 NIS
Italian bread baked in garlic butter and herbs
-  **Focaccia** 32 NIS
Baked on order in olive oil and fresh rosemary

* The kitchen in Alfredo contains gluten

 Some vegan dishes are lined to download ingredients from the dish



From Our Brick Oven

A range of dished baked to order in our brick oven
Served with a side of green salad

Mushroom Toast	70 NIS
Italian bread, fresh mushrooms, mushroom cream sauce with melted Mozzarella cheese	
Workers Toast	68 NIS
Italian bread, tomato sauce, hard-boiled egg, green olives, purple onion, with melted Mozzarella and parmesan cheese	
Creamed Potatoes	68 NIS
In a delicate mushroom and cream sauce, topped with Mozzarella cheese	
Mushroom Lasagne	76 NIS
Layers of fresh pasta, Champignon mushrooms in cream, rose sauce, fresh basil, baked in the oven with Mozzarella cheese	
Four-Cheese Lasagne	76 NIS
Layers of fresh pasta, rose sauce, eggplants, Parmesan cheese, goat cheese, cream cheese and Bulgarian cheese, baked in an oven with Mozzarella cheese	
Mushroom Blintzes	74 NIS
Blintzes filled with a combination of cheeses, Champignon mushrooms and onion, in mushroom sauce, topped by melted Mozzarella	

PIZZAS

*The pizzas are baked to order on site in a brick oven

Marguerita	65 NIS
Fresh tomato sauce and Mozzarella cheese *Select toppings, every topping NIS 5 (green / black olives, tuna, mushrooms, tomatoes, eggplants, zucchini, corn, peppers, Bulgarian cheese, onion, artichoke, extra cheese).	
Pizza Bianca	74 NIS
Alfredo sauce, truffles champignon mushrooms, mozzarella cheese and Parmesan	
Pizza Carciofi	74 NIS
Tomato sauce, slices of artichoke, purple onion, Kalamata olives and Mozzarella cheese	
Quatro Formaggi Pizza	76 NIS
Tomato sauce, fresh basil, Mozzarella cheese, Parmesan cheese, Goat cheese and yellow cheese	
Vegan Pizza	72 NIS
Tomato sauce and vegan cheese	
Burrata	85 NIS
mozzarella ball stuffed with cream fresh and cream on a bed of arogula, touches of basil pesto and reduced balsamic	
Gluten-free Pizza	65 NIS
Pizza Bianca	
Alfredo sauce, truffles champignon mushrooms, mozzaretta chees and parmesan.	

* The kitchen
in Alfredo
contains gluten

Some vegan dishes
are lined to
download ingredients
from the dish



PASTAS

Pastas: Penne / Spaghetti - Vegan
 Ravioli: Sweet potato / cheese / goat cheese
 Spinacg and ricotta - additional NIS 10
 Gnocchi: Potato / Beet additional NIS 10
 Pappardelle / Radiator additional NIS 10

Pomodoro Sauce 64 NIS
 Fresh tomato sauce, garlie and fresh basil

Aglie e-olio 66 NIS
 Olive oil, cherry tomatoes, slices of fresh garlic, home made pesto, Kalamata olives and herbs

Primavera 68 NIS
 Fresh garlic, slices of artichoke, medley of peppers, Kalamata olives, pesto, olive oil, fresh thyme, Feta cheese, Parmesan and chopped parsley

Arrabbiata 66 NIS
 Fresh tomato sauce, spicy chili, Kalamata olives, fresh garlic and basil

Cream Pesto 71 NIS
 Pesto cream sauce, white wine, butter and Parmesan

Sweet Potato Cream 71 NIS
 Cream sauce, sweet potato white wine, butter and parmesan

Alfredo 69 NIS
 Cream sauce, white wine, butter and Parmesan

Salmon Sauce 85 NIS
 Salmon in cream sauce, white wine and garlic

Salmon aglia e olio 85 NIS
 Slices of salmon seared in olive oil, seasoned with cherry tomatoes, and Kalamata olives

Funghi (Mushroom) 71 NIS
 Champignon mushroom cream sauce, white wine and garlic

Quatro Formaggi 74 NIS
 Cream sauce, Parmesan, feta and goat cheese and cheddar

Rose Sauce 71 NIS
 Cream, tomatoes and fresh basil

Truffle Cream 85 NIS
 Champignon mushroom cream sauce with truffles

Hunters Sauce 74 NIS
 Sweet cream sauce topped with chestnuts



Perrerdella



Ravioli



Spaghetti



Radiatora



Torlalini



Pene



Nuky

* The kitchen in Alfredo contains gluten

Some vegan dishes are lined to download ingredients from the dish



SANDWICHES

***Sandwiches with option for health bread / house bread**

***Sandwiches are served with a green salad on the side**

Salmon Sandwich 72 NIS
Cream cheese, arugula, radishes, sliced tomatoes, smoked salmon and purple onion

Hot Salmon Sandwich 76 NIS
Cubes of salmon filet stir-fried with mushrooms, purple onion, garlic and white wine on a bed of aioli sauce, arugula – hot sandwich

Haloumi Sandwich..... 74 NIS
Seared Haloumi cheese, tomato, pickle, lettuce cilantro pesto and cream cheese.

CHILDREN'S MENU

Spaghetti / Penne in tomato / cream sauce

Or Pizza + one topping

Scoop of ice cream

Beverage 65 NIS

* The kitchen in Alfredo contains gluten

Some vegan dishes are lined to download ingredients from the dish



SALADS

House bread and health bread can be ordered for an additional NIS 12


-  **Root Vegetable Salad 68 NIS**
Julienned beets, carrot, fennel, celery and kohlrabi served on a medley of baby lettuce leaves in a citrus vinaigrette, pickles, nuts and date honey
- Tuna 72 NIS**
Lettuce, tomatoes, cucumbers, tuna salad, baked potato cubes, Champignon mushrooms, purple onion, Kalamata olives, hard-boiled egg in vinaigrette dressing with a hit of garlic aioli
- Greek 66 NIS**
Variety of lettuce, tomatoes, radishes, cucumbers, Feta cheese, roasted peppers olive oil, zaatar, Kalamata olives and purple onion
-  **Rustic Salad 68 NIS**
Cucumbers, tomato, purple onion, Champignon mushrooms, carrot sticks, served on a bed of lettuce, salted cheese seasoned with oil and lemon
-  **Sabeech Salad 74 NIS**
Cucumber, tomatoes, purple onion, parsley, pickles, cubes of eggplant, chick peas, warm potatoes, hard-boiled egg, garnished with mild tahina
Served on a warm laffa bread
- Caprese Salad 76 NIS**
Selection of sliced tomatoes served on a bed of arugula topped by roasted almonds, Kalamata olives basil pesto, fresh Mozzarella, croutons with hints of Balsamic vinegar
- Burrata 80 NIS**
Mozzarella ball stuffed with cream fresh and cream on a bed of arugula cherry tomatoes, touches of basil pesto and reduced balsamic.

HOT SALADS

House bread and health bread can be ordered for an additional NIS 12

- Hot Salmon Salad 86 NIS**
Champignon mushrooms, peppers, purple onion, fine green beans, carrot and zucchini stir-fried with cubes of salmon filet, sesame and white wine, served on a bed of lettuce in vinaigrette and garnished with Teriyaki sauce
- Haloumi and Sweet Potato Salad 76 NIS**
Crispy coated Haloumi cheese, sweet potato cubes served on a bed of lettuce, cherry tomatoes, Champignon mushrooms, julienned carrots and a mix of nuts, with hints of date honey and dressed in vinaigrette
-  **Tuscan mushroom and artichoke salad..... 74 NIS**
Pan-roasted mushroom with slices of artichoke, Kalamata olives and cherry tomatoes in seasoned olive oil, garlic and herbs served on a bed of lettuce and cheese

* The kitchen in Alfredo contains gluten

 Some vegan dishes are lined to download ingredients from the dish



FISH

***Preparation time 20 minutes**

Served with a hot topping of your choosing: antipasti vegetables / green beans stir-fried with mushrooms, cherry-tomatoes and purple onion / French Fries / Home fries

Sea Bream Alfredo 125 NIS

Sea bream baked in a brick oven with garlic cloves herbs and olive oil, served with a green salad

Salmon Fillet..... 115 NIS

Baked in brick oven garnished with herbs, garlic and white wine, served with a green salad

Sicilian Sea Bass 135 NIS

Baked in a brick oven with slice of garlic, garnished with herbs and green salad

Fisherman's Stew..... 119 NIS

Sea bream fillet served in a piquant tomato sauce, garlic, peppers, slices of ripe tomatoes and herbs. baked in a brick oven and served with hot focaccia, Baladi tahina, green salad


Nut and Teriyaki-crusted Salmon 125NIS

Served on a bed of beans, cherry tomatoes and gnocchi in aglio e olio sauce (side dish cannot be changed)

Sea Bream Fillet 135 NIS

Baked in a brick oven mediterranean silage arisa, garlic, pickled lemon, thyme and a side of beans (side dish cannot be changed)

* The kitchen in Alfredo contains gluten

 Some vegan dishes are lined to download ingredients from the dish



Glatt Kosher Italian BEVERAGES

Coca Cola / Diet Coca Cola / ZERO Coca Cola	14NIS
Sprite / Sprite Zero	14NIS
Fanta	14NIS
Fuse T	14NIS
Neviot Mineral / Soda Water.....	12NIS
Neviot Flavored Water Apple / Grape / Peach.....	14NIS
Ferrarelle.....	Small 15NIS / Large 24NIS
Orange juice / lemonade / clear cider / grape	14NIS
Jar of orange juice / lemonade.....	34NIS
Milkshake in various flavors: vanilla / chocolate / pistachio / cookies / lotus / nucella	34NIS
Fruit shake (based on water / milk / soy milk / orange juice / lemonade) - strawberry / banana / mango / pineapple / date / melon	32NIS
Cold chocolate milk.....	16NIS
Ice coffee	19NIS
Crushed coffee	21NIS
Crushed lemon mint drink	19NIS
Carrot / Apple / Tapugezer	19NIS
Black beer	14NIS
Scoop of ice cream	16NIS
Whipped cream	12NIS

HOT BEVERAGE

Cappuccino	Small 14NIS / Large 16NIS
Instant coffee.....	12NIS
Milk-based instant coffee.....	14NIS
Americano.....	12NIS
Large hot chocolate.....	16NIS
Hot mocha	19NIS
Praline chocolate milk.....	18NIS
Espresso.....	10NIS
Double espresso.....	12NIS
Macchiato.....	10NIS
Black coffee	10NIS
Tea	10NIS
Hot cider.....	16NIS
Hot cider with wine	21NIS
Affogato scoop of vanilla ice cream and italian espresso.....	19NIS

* The Alfredo kitchen contains gluten

🌱 Vegan dishes - some depend on removal of ingredients from the dish